



Kesteven & Grantham Girls' School

Weekly Bulletin

for Parents and Students

Term 1 Friday 2nd October 2026



Headteacher's Welcome

It has been another busy and successful week in school, with lots to celebrate and plenty of opportunities for our students to get involved in the wider life of the school.

Celebrating History

A big thank you to our **History Club**, who have produced a fantastic presentation for form tutors to share with students, marking the **960th anniversary of William, Duke of Normandy, landing in England**. It is wonderful to see students taking such an active interest in history and sharing their knowledge with others. A huge thank you to everyone involved in putting this together.

Blackout App – Parental Webinar

Our second parental webinar on the **Blackout app** took place on Thursday evening. Thank you to all the parents and carers who were able to attend and engage with this important aspect of supporting our young people online.

Our **Year 8 students will be receiving their email invitations to their school email accounts** today, so please encourage them to check their school emails over the weekend and help them with the app, especially if you have parental permissions in operation. Year 7 and 9 students will then receive their email invitations next week.

Year 7 Welcome Evening

On Wednesday evening, we held our **Year 7 Welcome Evening**, and it was fantastic to see our new Year 7 students confidently touring their parents and families around their new school. The evening was followed by a series of helpful presentations and updates from members of our pastoral and safeguarding teams:

Mr Hobbs, one of our joint SENCOs, provided an overview of SEND support.

Mrs Walker, Head of Year 7, shared information about the Year 7 experience and pastoral support.

Mrs Hubbard outlined the wellbeing support available to students in school.

Mr Mayfield provided an important update on online safety.

Thank you to all the parents and carers who attended. We hope the evening provided useful information and helped families feel even more connected to our school community.

A Royal Visit

On Tuesday, I had the privilege of attending **The King's School** for a visit by **Her Royal Highness The Princess Anne**. It was a great honour to meet HRH and to have the opportunity to talk to her about the education of students at KGGS. My thanks go to **Mr Pickett, Head Master at The King's School**, for the kind invitation and for hosting such a memorable occasion.

Sporting success

What a fantastic week of sport for KGGS! Our students have continued to showcase their talent and determination, with a fantastic range of netball matches against both Priory Ruskin and Stamford School, alongside some brilliant winning performances in rugby.



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We are incredibly proud of every student who represented KGGs, showing outstanding teamwork, commitment, resilience and sportsmanship throughout. A huge congratulations to all involved — your hard work and dedication continue to make us incredibly proud. Well done, KGG!

This Week's Bulletin

As always, this week's bulletin is well worth a read, with lots of important information and opportunities for students and families.

There is a **plea for support with careers**, alongside updates regarding **student medication in school** and **lost property**. Please remember to name as much of your child's property as possible, as this gives us a much better chance of returning lost items to their rightful owner.

You will also find:

An update from our three Head Girls, **Shaniya, Gabby and Mariella**.

A report from last weekend's **Duke of Edinburgh expedition**, including a new song to sing whilst walking!

Individual student successes and achievements.

Updates from **Debate Club**.

A report on the **Year 12 University and Apprenticeships Fair in Leicester**.

News of our **swimming team's successes**.

There really is something for everyone, and I hope you enjoy reading about the many ways our students continue to thrive both inside and outside the classroom.

Looking Ahead – Residential Trips Abroad

This week we have also included an overview of our **future residential trips abroad**.

The information provides parents and carers with further details about the trips taking place, including the associated costs. We hope this will be useful in helping families plan ahead and budget for these exciting opportunities where appropriate.

News from the Head

After another busy week, my weekend plans are rather less glamorous!

A weekend of **cutting the grass, doing some slow running and taking the dog for a long walk** are on the cards. After a busy week, I am looking forward to some fresh air and a little time to recharge.

Have a wonderful weekend, everyone, and thank you, as always, for your continued support of our school and our students.

Have a great weekend!

Mr Fuller



Inspire, Challenge, Achieve



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Calendar of Events for w/c 5th October 2026 (Week B)



Mon 5 th	- Year 7 Assembly
Tue 6 th	- Year 10 Assembly; Y13 History Tudor talk, Lincoln 7pm
Wed 7 th	- Year 8 Assembly; KS5 Senior Maths Challenge; KS5 Physics conference; Y10 Art Study day, London; 4pm Silver DoFE Presentations
Thu 8 th	- Year 13 Assembly; Year 12 Assembly; Whole School Council meeting, 12.30pm
Fri 9 th	- Year 11 Assembly; Year 9 Assembly
Weekend	- DoFE Bronze Assessed Expedition Group 2 Leave

Careers

Could You Help Our Students Understand More About The World Of Work?

To enhance our careers programme, we are always seeking employers to expand our network of companies and individuals who collaborate with us in school, can facilitate on-site visits, and could also offer work placements for students. This could involve speaking in an assembly for 10 minutes, speaking to small groups of students, running workshops or giving a virtual tour of your workplace.

We are interested in all careers, from engineering to the arts!

If you would like to support our careers programme and are prepared to donate your time and expertise or offer a work experience placement for a KGGS student, it would be great to hear from you.

Please complete this form to volunteer your expertise as part of the [KGGS Careers Hub](#)



KGGS

CAREERS

HUB



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Messages to Parents/Guardians and Students

Student Medication

Please note that students should not carry medication with them while in school.

If your student requires medication during the school day, it should be left at the Pastoral Office, where its administration can be appropriately monitored and recorded.



Please note: This includes students who need to take paracetamol during the school day.

Lost Property

If your daughter has misplaced property in school, it will be placed in reprographics which is open from 8am to 12.30pm each day. If items are named, they are placed in individual form boxes.



School Photos

This is a reminder that the deadline date for proof cards at Kesteven And Grantham Girls' School is approaching.

The deadline date is 05/10/2026.



KGGS Core Values

Our ethos is described through the vision of **“Inspire, Challenge, Achieve.”**, and our core values are:

Compassion — caring about and supporting others.

Teamwork — cooperating with others and contributing positively to a team.

Respect — treating other people, their views and differences with consideration.

Integrity — being honest, responsible and doing the right thing.

Resilience — persevering through difficulties, learning from challenges and continuing to develop.

These values are intended to help students become **happy, healthy, confident and well-rounded young adults**, alongside being appropriately challenged academically.

Inspire, Challenge, Achieve



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School Vacancies

We currently have vacancies available in school:

Administrative Assistant

(20-25 hours per week, 38 weeks per year (term time only) **CLOSING DATE 9th October**

If you are interested in working at KGGS, please visit our website: www.kggs.org > Key Information > Staff > Vacancies for further information.

We look forward to hearing from you.





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★ Head Girls ★



Hello everyone, we're your head girls, and we'd like to properly introduce ourselves! We became head girls, officially, in April, and since then we've had so many amazing opportunities to represent KGGs (including, most recently, dressing up as lions to stand at the lion gate during our 10K sponsored walk...)

I'm Shaniya and I study biology, chemistry and maths and I am currently trying to study medicine at university. As a head girl, I hope we are a place people can seek for advice and to look for a role model. So far, I have really enjoyed all the KG events we have been apart of, and I am excited for what is to come!



Hi everyone! I'm Gabby and I'm taking Maths, Business Studies, and Product Design A-Levels. I would like to have a career in management in the automotive industry, so I'm hoping to secure myself a Business Degree Apprenticeship or study Business Management at university. I'm proud to be an "older sister" for the younger year groups and help KGGs keep its family feel.

Hello! I'm Mariella, I study Business Studies, Religious Studies, and Sociology at A-Level. I'm hoping to go on to study a Religion, Theology and Society degree at university, as the Sociology of Religion is something I'm very passionate about! I love being a head girl alongside Gabby and Shaniya. What we have at KG is so special, and I'm so honoured to be a part of that!





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Wellbeing Quote



Wellbeing Activity

Optimistic October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list
5 Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better	7 Look for the good in people around you today	8 Make some progress on a project or task you have been avoiding	9 Share an important goal with someone you trust	10 Take time to reflect on what you have accomplished recently	11 Avoid blaming yourself or others. Find a helpful way forward
12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing	14 Do something constructive to improve a difficult situation	15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead
19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time	21 Let go of the expectations of others and focus on what matters to you	22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?
26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?	29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month	

ACTION FOR HAPPINESS

Happier · Kinder · Together



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Duke of Edinburgh

Assessed Expedition (Part A) Vale of Belvoir

10 teams assembled on time at 8am on Saturday 26th September, ready to take on their navigating, camp craft and cooking challenges over 2 days and 1 night.

The weather was very kind- dry and warm, though the night was quite cool.

Team 5 amused themselves (and us) by coming up with a song, to the tune of "We will rock you" by Queen:

*"Buddy we are KG, doing our DofE, we're gonna do our gold someday!
We've got mud on our face, walking with pace, carrying our bags all over the place.
Singing We are, We are, Team 5. We are, We are, Team 5!"*

"Buddy we're Grenada, we're better than ya, red yellow green, yeah, that's our flag!
We've got mud on our face, walking with pace, carrying our bags all over the place.
Singing We are, We are, Team 5. We are, We are, Team 5!"*

* name of team phone they carried.

*Well done week 1 students!
Mrs Robins and Mrs Bayman*



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Run Sandringham Festival

Year 7 student, *Sophia McAuley*, ran the 5K at the Run Sandringham festival in Norfolk this weekend.

Well done, Sophia!



Tennis

Year 9 student, *Abigail Smith*, took part in an exhausting summer schedule of tennis competitions, resulting in a new high of 53 in the UK under fourteen rankings.

More recently, *Abigail* took part in three matches at the Women's Grade 4 event at Walmey LTC, Birmingham, resulting in her winning the tournament.

Congratulations, Abigail!





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DEBATE AT KGGS

FOR MORE INFO SEE MISS DUGGAN IN EN6

INTER SCHOOL DEBATING WITH KINGS

NEXT DATE MONDAY 28TH SEPTEMBER

AT **KGGS – ROBERTS HALL**

16:00 – 17:30

OPEN TO YEAR 11, 12 AND 13

SEE PDU OR HAN FOR INFO

LUNCHTIME

DEBATING CLUB

– EN6 @ 12:50

MONDAYS –
YEAR 9 AND
ABOVE

Y7 OR 8? PLEASE SEE
MISS DUGGAN TO
DISCUSS OPTIONS

COME ALONG AND DEVELOP YOUR COMPETITIVE DEBATING SKILLS IN AN
INFORMAL, RELAXED ENVIRONMENT!

- THERE IS NO EXPECTATION THAT YOU ATTEND LUNCHTIME CLUBS!
- THIS IS AN EXCELLENT OPPORTUNITY TO FURTHER DEVELOP PUBLIC SPEAKING SKILLS AND CAN BE ESPECIALLY USEFUL FOR THOSE WISHING TO APPLY TO OXBRIDGE UNIVERSITIES.



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Inspiring Futures: Year 12

Today, our **Year 12** students had the fantastic opportunity to visit the **University and Apprenticeships Fair in Leicester**. With university applications opening **this time next year**, this trip proved to be an incredibly valuable and timely experience to help them jumpstart their research.

The bustling exhibition halls were packed with representatives from a wide range of future pathways. Students spoke directly with prestigious **Russell Group universities**, competitive local and specialist institutions, the **Armed Forces**, and other apprenticeship providers. Exhibitors provided tailored advice on **entry requirements**, specific course modules, student support services, and the practicalities of the application process. In addition to exploring the exhibition stands, students were able to attend a series of expert-led seminars. These sessions covered vital topics to prepare them for their upcoming applications, including:

- Crafting standout **personal statements**
- Navigating the benefits of **degree apprenticeships**
- Understanding what it takes to apply to **Russell Group universities**

All seminars are available on the UKUniapp if students were not able to attend. Many of our Year 12s came away from the fair feeling inspired, motivated, and clearer about their future goals. Over the coming months, we will continue to support them through the early stages of their application journey. We highly encourage you to chat with your child about the exhibitors they met and the pathways that caught their interest. You might want to consider visiting; early booking for open days is advisable!

Mrs Waters

Members of Year 12 highlighted what they found useful about the day:

'The trip allowed me to discover university courses which I didn't know existed. It also helped me learn more about the atmosphere and vibe of different university locations. We also got lots of tote bags!'

'I enjoyed the trip because I got to explore different types of universities and the different courses they offer. I received lots of information and can now make an informed decision. The talks were useful as they explained in detail different aspects of university life.'

'I found the trip extremely useful, as someone who went into it not having any direction, I left feeling more secure about my future and what I want to do!'

'I found it useful to listen to the university representatives and understand their experience that helped shape their careers and I enjoyed collecting the freebies from all the universities, which encouraged me to talk to them about my career choices'

'I attended the studying abroad & placement year seminar which was very helpful as it gave me lots of information about what types of courses I can do and what the benefits of them'



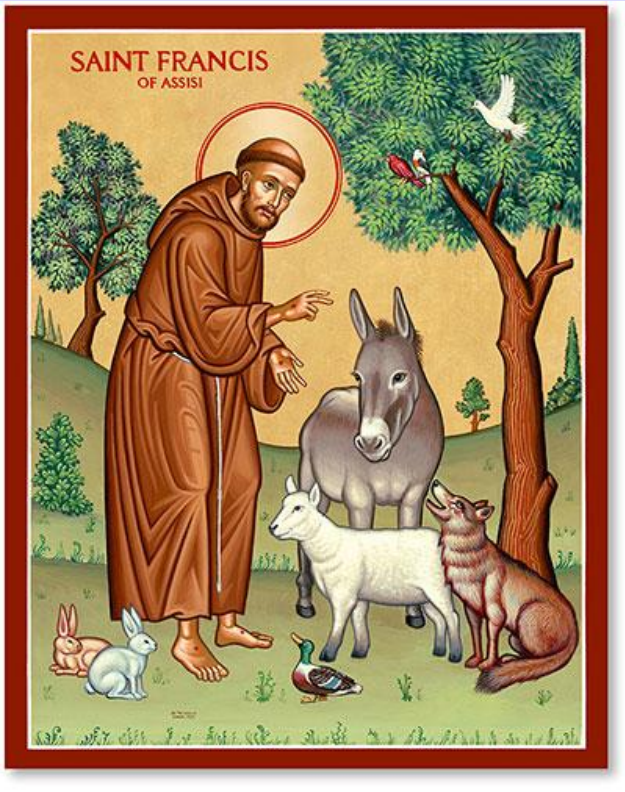


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Theme of the Week



The Feast Day of St. Francis of Assisi is celebrated annually on October 4. It is a major event in the Christian calendar, commemorating the life, death, and spiritual legacy of the 13th-century Italian friar who founded the Franciscan religious orders

Because St. Francis was famous for his deep love of all God's creatures, it is a global custom for churches to hold a Blessing of the Animals. People often bring their dogs, cats, and other pets to church to be sprinkled with holy water.



TRY:	https://beaheart.com/blogs/recent/9-ways-to-celebrate-saint-francis-of-assisi
READ:	https://www.franciscanmedia.org/who-was-st-francis-of-assisi/
WATCH/ LISTEN:	https://www.youtube.com/watch?v=k5d8FOYZQ4c https://www.bbc.co.uk/news/videos/cn83n2gl2nlo

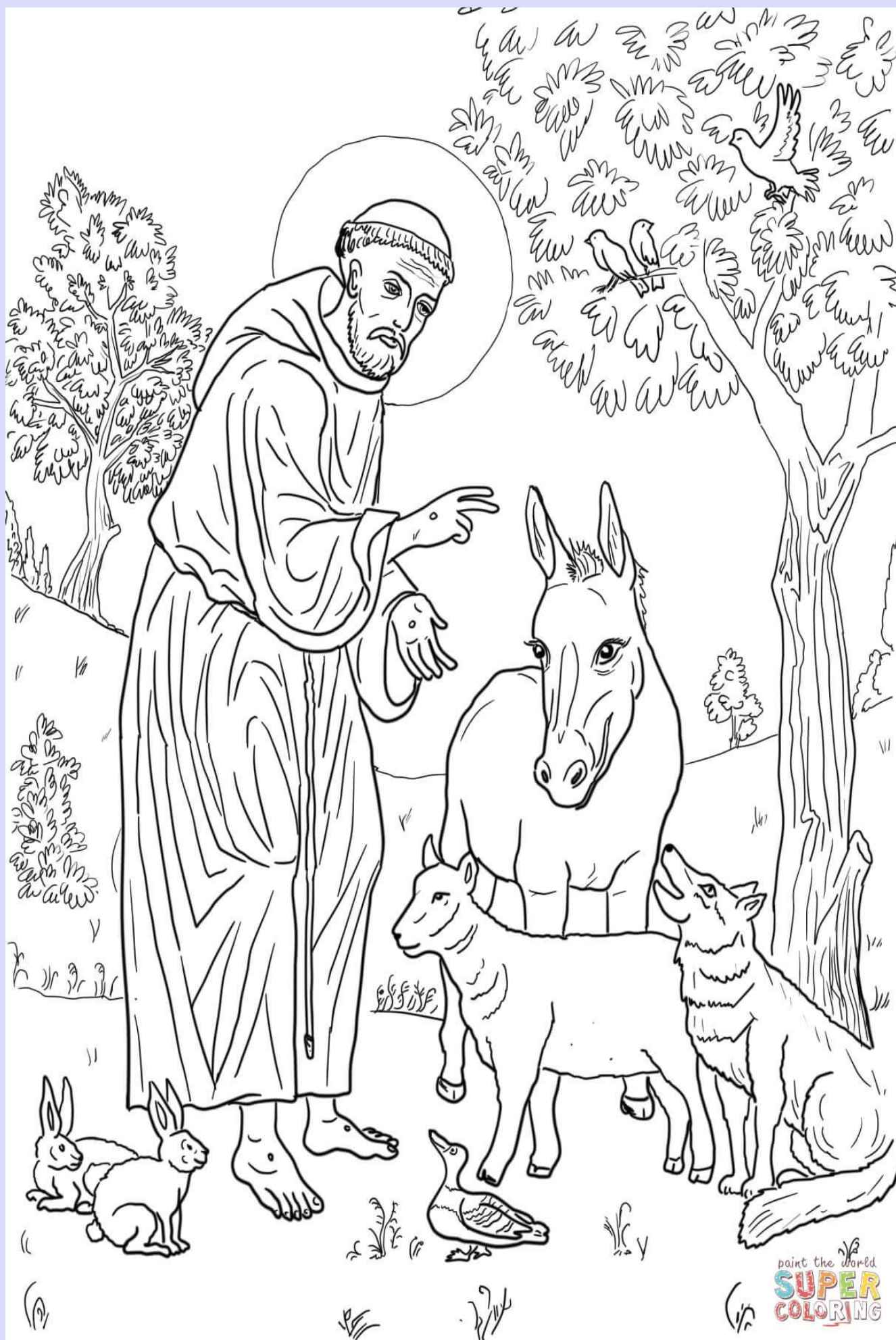


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Theme of the Week





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PE

Swimming

Last Friday three KGGs swimming teams travelled to Nottingham High School to take part in the ESSA relay event.

The U15 team won both of their events and the U18 team won their freestyle relay beating teams from Stamford, Nottingham High, Toothill and Leicester Grammar School.



We await the results against other teams in different locations to see if they made it to the final at the Sandwell Aquatic centre on 21st November.

A huge well done to all who took swam and to our parent helper.

Mrs McCabe

Sports Update

Congratulations to all of the Netball and Rugby teams who have played this week, it has been an excellent start to the season.

U13 and U15 Netball teams beat Priory and Walton on Monday night in the district round of their competition and go through to the finals on Thurs 15th October at St George's.

The Yr10/11 Rugby team played in a mini tournament at Newark Rugby Club this week and won all of their games.

Yesterday the U14, U16 and U19 Netball teams all played in a friendly against Stamford School also winning all matches.

Next week there are fixtures on Monday vs NHS (U16 and U18) Tuesday vs Branston (U14 and U16) and the first round of the district tournament is on Thursday at St George's for the U16 and U14 teams, we wish them lots of luck.



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Future Residential Trips Abroad

We have a number of trips abroad for students in various year groups.

Please see the table below for more information:-

Trip	When	Where to	Who can go	Cost (Approx)	Additional information
Ski trip	February half-term 2028	Italy	Y10 – 13 (40 students)	£2200	Behaviour and attendance taken into consideration
Sports Tour	July 2029	Sri Lanka	Current Y7-11	£3500	Play football/netball in school team/club
Japanese Exchange	October 2028	Fukushima and Tokyo	Y10 - 12	£3500	Japanese students visit us in July 2028
Art tour	October 2028	Venice	Y11	£860	Offered to students who study Art GCSE
Volleyball tour	Easter 2028	Milan	Y7-12	£1500	Students have to attend school volleyball club/play in school team
World Challenge	July 2028	Vietnam	Current Y10&11	£4095	Sign up and pay deposit by 16.10.26





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School Trips



The banner features a scenic view of snow-capped mountains. In the foreground, four girls in ski gear are seen from behind, looking out over the landscape. To the right, a pair of skis stands upright in the snow. The school's crest is in the top left corner.

Kesteven and Grantham Girls School

Ski Trip

Feb 2028

Launch meeting

-  **Monday 5th October**
-  **Common Room**
-  **6pm**

*New slopes
New friends
Same KGGS*

Sri Lanka Netball and Football Trip 2029

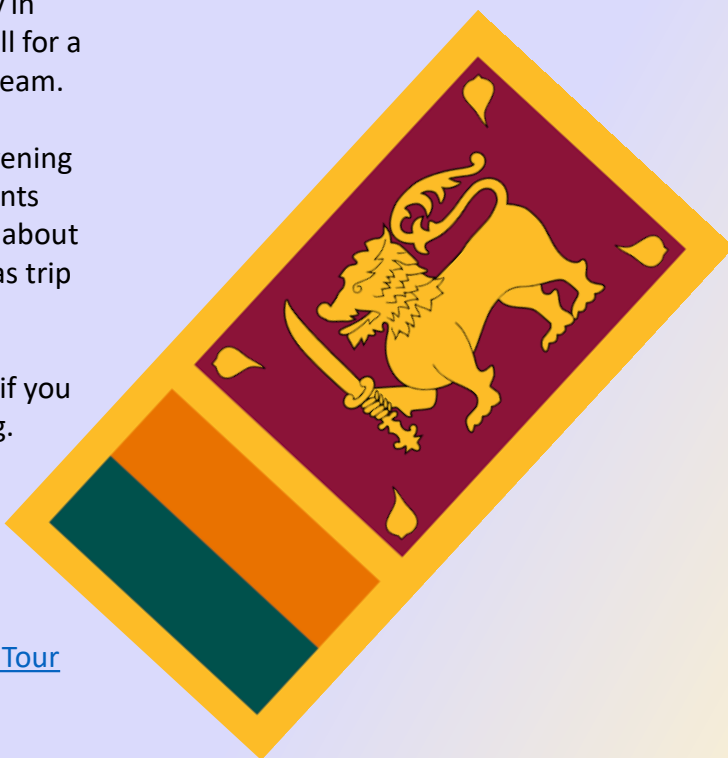
This trip is open to students currently in Year 7-11 who play Football or Netball for a club outside of school or the school team.

There will be a parent information evening on **21st October from 5-6pm** for parents and their daughters to find out more about the next Netball and Football overseas trip planned for 2029.

Please complete the Microsoft Form if you wish to attend so we can plan seating.

Kind regards
Mrs McCabe/Miss Bird
(Trip Leaders)

[Sri Lanka Netball and Football Sports Tour 2029 – Fill in form](#)





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Calling all Year 10 and 11 students!

Vietnam World Challenge 2028

We're launching an exciting World Challenge expedition to Vietnam in Summer 2028, available to Year 10 and 11 students.

This is an incredible opportunity to experience a new culture, take on a real challenge, and develop confidence, independence and teamwork skills along the way.

If you are interested, use the links from your email or the QR code below. This initial meeting is for anyone interested who would like more information - no commitment at this point!

Miss Garner



VIETNAM

SUMMER 2028

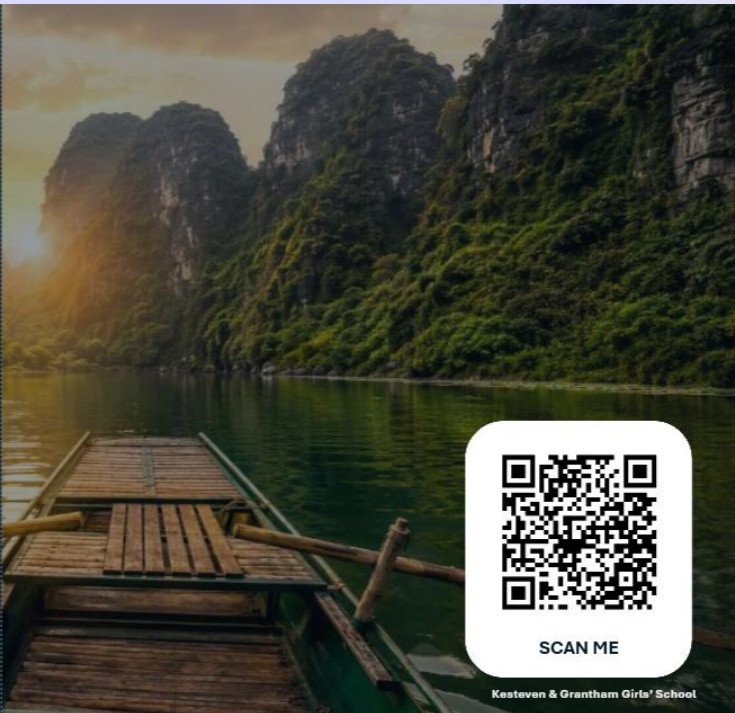
INFORMATION EVENING

Monday 28 September
6.30pm

APPLICATION DEADLINE

Friday 16 October

SCAN TO FIND OUT MORE & APPLY





SCAN ME

Kesteven & Grantham Girls' School



Kesteven & Grantham Girls' School

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**YOUNG
PROFESSIONALS**

FOR PARENTS & GUARDIANS · FREE · ONLINE

Parent / Guardian Information Evenings

How to help your child into a career with a leading employer
— straight from the people who hire.

LAW

Tuesday 13th October, 6–7:30pm

BUSINESS, ACCOUNTING & FINANCE

Wednesday 14th October, 6–7:30pm

Dear Parents / Guardians,

You are receiving this email because your son or daughter has attended a Young Professionals careers event or work experience programme in the past year.

We would like to invite you to two exclusive online evenings, designed to help you support your child in making informed career choices as they leave school or university.

Each session is led by **hiring managers from leading employers** including Slaughter and May, Freshfields, Linklaters, Clifford Chance, PwC and KPMG, so you will hear directly from the people who make the decisions — what they look for, when to apply, and how young people can stand out.

Two evenings, back to back

Join the sector your child is most interested in — or both. You can choose on the sign-up form.